



SLIDING:

THE ART OF “SLIDING” is a dying art (*as you can see I am still able to pull it off with a demonstration, however, there is a lot of praying going on.*) These days, few youngsters, and even older players, know the proper ways and different styles of *Sliding*. Most have just never been taught, whether it’s in Little League, High School, or even other Summer Baseball Camps. The main reason is few instructors even know the Proper Baseball Techniques, and therefore these young players are at greater risk of injury. In my Summer Baseball Camps, the youngsters learn many different types of *Sliding*, as well as *Diving*. In my Summer Baseball Camps, I also teach which slide goes with which situation. This skill makes my Summer Camps not just a Summer Camp for Kids to have fun, which they certainly do, but also Summer Baseball Camps for all players who want to improve their skills, in order to excel in the Game of Baseball.